

Elmbridge Centres for the Community

what's on

Spring 2025



Activities
and services
at your
Centres
for the
Community



Elmbridge
Borough Council

Centres for your Community



Elmbridge's Centres for the Community are here to support residents to live full and active lives with a range of health and social activities, as well as advice and information sessions and classes for those who want to learn new skills.

In this booklet you'll find all the regular activities held across our Centres, from art to Zumba! Whether you're looking get more active, start a new hobby or get some advice and support, there's something for everyone.

Activities at our Centres are open to anyone with a Centre membership, available to residents over 18. A £21 annual membership gives you access to everything that's on at all our Centres. To sign up, simply pop into a Centre and speak to one of the team. Many of our activities are free, but some require a small charge to cover the cost of the tutor or trainer.

Want to get involved in your local community? We have a range of volunteering opportunities too, from brewing cuppas in a tea bar to tending a community garden or delivering Meals on Wheels. You can find details on all our volunteer roles on our website:

elmbridge.gov.uk/css/volunteer.

The Centres also hold seasonal events from special lunches to advice sessions from local organisations. You can find a list of upcoming special events at the back of this booklet. Need another copy? Download one from your Centre's webpage at

elmbridge.gov.uk/centres

Your local Centre

All our Centres are open Mondays, Tuesdays, Thursdays and Fridays from 10am to 3pm.

All Centres offer a daily lunch service, and also have a tea bar serving hot drinks, sandwiches and snacks throughout the day.

Claygate

Elm Road, Claygate KT10 0EH

Tel: 01372 463 476

claygatecentre@elmbridge.gov.uk



Cobham

Oakdene Road, Cobham KT11 2LY

Tel: 01932 596 031

cobhamcentre@elmbridge.gov.uk



Hersham

7 Queens Road, Hersham KT12 5LU

Tel: 01932 246 267

hershamcentre@elmbridge.gov.uk



Molesey

Bishop Fox Way, West Molesey KT8 2AS

Tel: 0208 979 5773

moleseycentre@elmbridge.gov.uk



Walton

Manor Road, Walton-on-Thames KT12 2PB

Tel: 01932 247 549

waltoncentre@elmbridge.gov.uk



Weybridge

Churchfield Place, Weybridge KT13 8BZ

Tel: 01932 844 391

weybridgecentre@elmbridge.gov.uk



Activities



For activities listed as fortnightly, monthly or by appointment, please contact the Centre for dates.

Get active

Chair-based exercise

Claygate	Thursday	10:15am to 11:15am
Hersham	Monday	2:15pm to 3pm
Molesey	Monday	11am to 11:45am
Molesey	Thursday	11am to 11:45am
Walton	Monday (limited mobility)	10am to 11am
Walton	Monday	11am to 12pm
Weybridge	Monday	11am to 11:30am

Chelsea Football Club health and exercise class

Cobham	Friday	10am to 11am
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Gym class

Cobham	Tuesday	10am to 11am
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Gym sessions (unsupervised)

Cobham	Monday	10am to 3pm
Cobham	Tuesday	11:15am to 3pm
Cobham	Thursday	10am to 3pm
Cobham	Friday	11:45am to 2:30pm

Line dancing

Hersham	Friday (1 st and 3 rd of the month)	1:30pm to 2:30pm
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Parkinson's exercise class (and support group)

Claygate	Monday	10:30am to 2:30pm
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Pilates

Walton	Tuesday (advanced)	2:10pm to 2:55pm
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Strength and balance class

Walton	Thursday	1:30pm to 2:30pm
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Table tennis

Claygate	Monday	1:15pm to 2:15pm
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Claygate	Monday (advanced)	2:15pm to 3pm
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Tai chi

Molesey	Friday	10:45am to 11:45am
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Molesey	Friday	12:30pm to 1:30pm
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Walton	Friday	2:30pm to 3:30pm
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Yoga

Cobham	Thursday	11am to 12pm
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Molesey	Tuesday	1pm to 2pm
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Walton	Thursday	10:15am to 11:15am
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Yoga (chair-based)

Claygate	Monday	10:30 to 11:30am
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Cobham	Monday	11am to 12pm
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Cobham	Tuesday	11am to 12pm
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Cobham	Friday	12pm to 1pm
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Zumba

Hersham	Tuesday	1:30pm to 2:30pm
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Molesey	Monday	1pm to 2pm
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Hobbies and social groups

Arts and crafts clubs

Claygate	Friday	10:15am to 11:15am
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Cobham	Thursday	10:30am to 11:30am
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Hersham	Friday (3 rd of the month)	10:15am to 11:30am
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Walton	Thursday	10am to 11:30am
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Weybridge	Tuesday	1pm to 3pm
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Bingo

Claygate	Monday	1:15 to 2:15pm
Cobham	Thursday	1pm to 2pm
Molesey	Friday	Alternate mornings and afternoons.
Walton	Tuesday	
Walton	Friday	1pm to 1:45pm
Weybridge	Monday	1pm to 1:45pm
Weybridge	Friday	1pm to 2pm

Board game clubs

Molesey	Friday	10am to 11am
Weybridge	Monday	10am to 12pm
Weybridge	Thursday	10am to 12pm

Book club

Hersham	Thursday (1 st of the month)	10:15am to 11:30am
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Bridge clubs

Hersham	Tuesday (supervised)	10am to 12pm
Molesey	Monday (advanced)	10am to 12pm
Walton	Tuesday	1pm to 3pm

Canasta

Walton	Tuesday	10:15am to 12:15pm
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Friendship group

Hersham	Thursday	10am to 12pm
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Chess club

Hersham	Thursday	10am to 12pm
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Clothes sale

Molesey	Tuesday	10am to 3pm
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Sewing Bee (formerly Creative Sewing)

Cobham	Friday	10am to 12pm
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Flower arranging

Cobham	Tuesday	10:30am to 11:45am
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German speaking group

Hersham Tuesday (fortnightly) 10am to 11:30am

Grans' coffee club

Weybridge Monday 1:30pm to 3pm

Knit and sew social groups

Claygate Friday 1:15pm to 2:15pm

Cobham Monday 10am to 12pm

Hersham Thursday 10am to 12pm

Molesey Tuesday 1pm to 2:50pm

Live entertainment

Claygate Thursday 1:15pm to 2:15pm

Hersham Friday (4th of the month) 1:15pm to 2:15pm

Mahjong

Hersham Tuesday (1st and 3rd of the month) 10am to 12pm

Music appreciation club

Hersham Thursday 1:15pm to 2pm

Musical memories

Claygate Tuesday (2nd of the month) 1:30pm to 2:30pm

Quiz sessions

Claygate Tuesday 1:15pm to 2:15pm

Cobham Tuesday (with bingo) 1pm to 3pm

Hersham Monday (3rd of the month) 10:15am to 11:30am

Hersham Friday (1st of the month) 10:15am to 11:30am

Molesey Tuesday 11am to 11:30am

Scrabble club

Hersham Tuesday (2nd and 4th of the month) 10am to 12pm

Sing-a-long afternoon tea

Claygate Friday (last of the month) 1pm to 2pm

Walton Stroke Society social club

Walton Monday 10am to 12pm

Health and beauty treatments

All hair, beauty and foot treatments are by appointment. Please contact your local Centre to make a booking.

Acupuncture

Cobham	Monday	10am to 1pm
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Beauty therapies

Claygate	Thursday	10am to 2pm
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Hersham	Weekdays by appointment	10am to 2pm
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Molesey	Monday	10am to 3pm
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Walton	Tuesday	10am to 3pm
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Foot care clinics (for basic care)

Claygate	Tuesday	10am to 3pm
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Claygate	Friday	10am to 3pm
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Cobham	Monday	10am to 3pm
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Hersham	Thursday	9am to 3pm
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Molesey	Tuesday	10am to 3pm
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Weybridge	Tuesday	9:30am to 12:30pm
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Hairdressing

Claygate	Thursday	10am to 2pm
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Claygate	Friday	10am to 2pm
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Cobham	Tuesday	10am to 2pm
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Hersham	Tuesday	10am to 3pm
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Hersham	Friday	10am to 3pm
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Molesey	Thursday	10am to 2pm
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Molesey	Friday	10am to 2pm
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Walton	Friday	10am to 3pm
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Weybridge	Monday	10am to 3pm
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Weybridge	Friday	10am to 3pm
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Podiatry (for more complex issues)

Cobham	Tuesday	10am to 12pm
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Walton	Thursday	10am to 2pm
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Reflexology

Claygate	Monday	10am to 2pm
Hersham	Tuesday	10am to 2pm
Walton	Weekdays by appointment	10am to 2pm

Advice and information

Aphasia support group

Walton	Monday	1:45pm to 3:45pm
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Citizens Advice drop-in sessions

Cobham	Tuesday (except for last of the month)	10am to 12:30pm
Weybridge	Monday (for ages 65+)	9:30am to 12pm

Computer and tech support

Walton	Friday (by appointment)	1pm-3pm
Weybridge	Monday	12pm-3pm

iPad support

Molesey	Friday	1pm to 2:55pm
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Parkinson's support group

Claygate	Monday	10:30am to 2:30pm
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Elmbridge CAN refugee support drop-in sessions

Walton	Thursday	1pm to 2:30pm
Weybridge	Tuesday	11am to 1pm

Elmbridge CAN English class for refugees

Walton	Friday	10am to 12pm
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Social prescribing

Cobham	Tuesday	10am to 2pm
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Special events



To book on any special events and activities, please contact the Centre directly.

January

- **Afternoon Entertainment**

1:15pm to 2:15pm on the following days:

Thursday 9 January, Claygate Centre: Doris Daydream

Thursday 16 January, Claygate Centre: Retro Ralph

Friday 24 January, Hersham Centre: Doris Daydream

- **Museum Explorers: Fruitcake Crafts Day**

Friday 3 January, Hersham Centre, 1pm to 2pm

A free kids event where the Museum Team will be exploring Christmas fruitcake traditions... using a catapult! (No cakes will be harmed during this event). To book, please visit elmbridgemuseum.org.uk

- **Elmbridge Museum history talk: Lifelong learning**

Thursday 9 January, Hersham Centre, 10:30am to 11:30am.

Tuesday 14 January, Walton Centre, 10:30am to 11:30am

Tuesday 14 January, Cobham Centre, 1pm to 2pm.

In celebration of the International Day of Education, the Elmbridge Museum are hosting a series of free talks on the past (and present) of education across the borough, with some fun activities that might take you back to your own school days!

- **New Year afternoon tea**

Thursday 16 January, Cobham Centre, 1pm to 2:30pm.

Join us for a traditional afternoon tea with sandwiches, scones and cake! Places limited so please book in advance.

- **National Hat Day**
 Friday 17 January, Walton Centre
 Bring along your favourite hat and share the story behind it!
 We'll also be learning about the history of hats across the world.
- **Walton January special lunch**
 Tuesday 21 January, Walton Centre, 10:45am
 Join us for a delicious three-course special lunch with live entertainment from tribute act Doris Daydream. Tickets £11, please book in advance with the Centre.
- **January entertainment**
 Tuesday 21 January, Molesey Centre, 12pm
 Beat the January blues with some live entertainment at lunchtime!
- **Quiz afternoon**
 Thursday 23 January, Claygate Centre, 1:15pm to 2:15pm
 Join quizmaster John for another of his fiendish quizzes. Will you be Claygate's tops at trivia?
- **CHEER benefits surgery**
 Monday 27 January, Claygate Centre, 10:30am to 12pm
 Advisors from local charity CHEER will be giving advice to older residents on which benefits you're entitled to and support with filling out any applications.
- **French day**
 Thursday 30 January, Walton Centre
 In honour of this National Croissant Day, Walton Centre will be serving a selection of French food, with some fun activities a la Française as well!
- **Film afternoon: Calendar Girls**
 Thursday 30 January, Claygate Centre, 1pm to 3pm.
 Based on the true story of a group of Yorkshire women who produced a risqué calendar to raise money for cancer research. Tickets £3 including tea and cake!

February

- **Afternoon Entertainment**

1:15pm to 2:15pm on the following days:

Thursday 6 February, Claygate Centre: TBC

Thursday 13 February, Claygate Centre: TBC

Thursday 20 February, Claygate Centre: Retro Ralph

- **World foods tasting event**

Tuesday 4 February, Walton Centre

Enjoy a selection of tasty sweet and savoury nibbles and drinks from around the world!

- **1920s special lunch**

Tuesday 11 February, Cobham Centre, 12pm to 2:15pm.

Join us for a celebration of the roaring twenties with a themed three-course lunch and live music. Just make sure you dress to impress! Tickets £11, please book with the Centre.

- **Pre-Valentines Day entertainment**

Thursday 13 March, Molesey Centre, 12pm.

There'll be love and music with some live entertainment at lunchtime.

- **Valentines coffee morning**

Friday 14 February, Walton Centre, 10am to 12pm.

Dress up in red and enjoy a hot drink and slice of cake for £2.

- **Love Your Pet Day**

Thursday 20 February, Walton Centre, 10am

In honour of the national day celebration all furry friends, Walton Centre invites members to bring photos and share stories of their favourite pets, with a talk on famous pets from history.

- **CHEER benefits surgery**

Monday 24 February, Claygate Centre, 10:30am to 12pm

CHEER's friendly advisors will be at Claygate Centre again, giving advice and support to older residents on which benefits you may be entitled to, and help with completing applications.

- **Quiz afternoon**

Thursday 27 February, Claygate Centre, 1:15pm to 2:15pm
Another chance to be Claygate's biggest brainbox with quizmaster John's testing trivia.

March

- **Afternoon Entertainment**

1:15pm to 2:15pm on the following days:

Thursday 20 March, Claygate Centre: Retro Ralph

- **Celebrate Your Name Week**

Tuesday 4 March, Walton Centre

As part of this annual celebration, Walton members are invited to share the history of their name, and what it means to them.

- **Walton pie day**

Friday 7 March, Walton Centre, 12pm.

British Pie Week is here again and Walton Centre will have a menu of sweet and savoury pies on offer to mark the occasion.

- **Elmbridge Museum history talk: Important women**

Tuesday 11 March, Walton Centre, 10:30am to 11:30am

Thursday 13 March, Hershams Centre, 10:30am to 11:30am

In celebration of International Women's Day, join us for a series of free talks exploring Elmbridge women in times of crisis and celebration. Learn about sportswomen, heroines of war and peacetime, Suffragettes and royalty.

- **Molesey St Patrick's Day special lunch**

Thursday 13 March, Molesey Centre, 12pm

There'll be plenty of fun (and green) to go with live music and a three-course lunch. Tickets £11, book in advance with the Centre.

- **Walton St Patrick's Day special lunch**

Friday 14 March, Walton Centre, 12pm

Put on something green and join us for a delicious three-course lunch. Tickets £11, please book with the Centre.

- **Red Nose Day coffee morning**

Friday 21 March, Walton Centre, 10:30am

Help us raise money for Comic Relief with some fundraising games and our prize raffle.

Volunteering: make the most of your skills



Every volunteer role we have at our Centres requires a different set of skills. Maybe you've got the gift of the gab and would be great at welcoming new visitors at an information desk, or maybe you know how to make a sale, and could help raise money at a cake sale or community café. Or perhaps you know your town like the back of your hand, perfect for delivering Meals on Wheels in your local area. Or maybe you've got a green thumb and could help things grow in one of our community gardens?

We're always looking for new volunteers to join our team. Think you could help? Call us on **01372 474 552** or email: commservices@elmbridge.gov.uk



Community Services – here to support you



Meals on Wheels can deliver a hot lunch to your door 7 days a week, cooked at one of our Centres and delivered by our team of volunteers. To sign up, call **01372 474 552** or visit elmbridge.gov.uk/mealservices



Our Community Transport Team provide door-to-door transport to all our Centres, but their accessible minibuses can also take you to appointments, shopping trips or to visit friends and family. Call **01372 474 944** or visit elmbridge.gov.uk/dialaride to find out more.



Elmburgh Dementia Services runs weekly day services at Claygate Centre, with their trained staff providing support and fun activities for people living with dementia. Call **01372 474 547** or visit elmbridge.gov.uk/dementiaservices to find out more.

Want to find out more?



Our website has information on all of our community services as well as other cultural, sports and health activities across the borough: elmbridge.gov.uk



Our Facebook page has updates and news from all our Centres: facebook.com/ElmbridgeCSS



**Places
Leisure**

Part of Places for People

Because Community Matters

Supporting People with long-term health conditions at Elbridge Xcel Leisure Complex

Our Exercise Referral programme offers expert, personalised support to increase your physical activity and enhance your health and wellbeing

What is included?

- Expert guidance from qualified instructors
- Personalised health programme
- Discounted membership
- Unlimited access to the gym, pool, and classes
- Drop-in sessions



Ask your GP for more details

elbridge.placesleisure.org

Places for People Leisure Ltd working in partnership with Elbridge Borough Council



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