



# What's on at Elmbridge Centres for the Community

## July to August 2025

### Activities

Many of our activities are free, but some require a small charge to cover the cost of the tutor or trainer.

#### Get active

Activity	Centre	Day	Time
Chair-based exercise	Claygate	Thursday	10:15am to 11:15am
Chair-based exercise	Hersham	Monday	2:15pm to 3pm
Chair-based exercise	Molesey	Monday	11am to 11:45am
Chair-based exercise	Walton	Monday (limited mobility)	10am to 11am
Chair-based exercise	Walton	Monday	11am to 12pm
Chair-based exercise	Weybridge	Monday	11am to 11:30am
Chelsea Football Club health and exercise class	Cobham	Friday	10am to 11am and 11am to 12pm
Gym circuits	Cobham	Tuesday	10am to 11am
Gym sessions (unsupervised)	Cobham	Monday	10am to 3pm

## What's on programme of activities and events

Activity	Centre	Day	Time
Gym sessions (unsupervised)	Cobham	Tuesday	11:15am to 3pm
Gym sessions (unsupervised)	Cobham	Thursday	10am to 3pm
Gym sessions (unsupervised)	Cobham	Friday	12pm to 2:30pm
Line dancing	Hersham	1 <sup>st</sup> and 3 <sup>rd</sup> Friday of the month	1:30pm to 2:30pm
Parkinson's exercise class (and support group)	Claygate	Monday	10:30am to 2:30pm
Pilates (advanced)	Walton	Tuesday	2:10pm to 2:55pm
Strength and balance class	Walton	Thursday	1:30pm to 2:30pm
Table tennis	Claygate	Monday	1:05pm to 2pm
Table tennis (advanced)	Claygate	Monday	2pm to 2:45pm
Table tennis (U3A)	Cobham	Monday	1pm to 3pm
Tai chi	Molesey	Friday	10:45am to 11:45am
Tai chi	Molesey	Friday	12:30pm to 1:30pm
Tai chi	Walton	Friday	2:30pm to 3:30pm
Yoga	Cobham	Thursday	11am to 12pm
Yoga	Molesey	Tuesday	1pm to 2pm
Yoga	Hersham	Thursday	3pm to 4pm
Yoga	Walton	Thursday	10:15am to 11:15am
Yoga (chair-based)	Claygate	Monday (7, 14, 21 July only)	10:30am to 11:30am
Yoga (chair-based)	Cobham	Monday	11am to 12pm
Yoga (chair-based)	Cobham	Tuesday	11am to 12pm
Zumba	Cobham	Friday	11am to 12pm
Zumba Gold	Hersham	Tuesday	1:30pm to 2:30pm
Zumba (chair-based)	Cobham	Thursday	1:15pm to 2pm

## Hobbies and social groups

Activity	Centre	Day	Time
Arts and crafts club	Claygate	Friday	10:15am to 11:15am
Arts and crafts club	Cobham	Thursday	10:30am to 11:30am
Arts and crafts club	Hersham	Thursday	12:45pm to 2:45pm
Arts and crafts club	Walton	Thursday	10:30am to 12:30pm
Arts and crafts club	Weybridge	Alternate Thursdays	10:30am to 11:30am
Bingo	Claygate	Monday	1:15pm to 2:15pm
Bingo	Cobham	Tuesday	1pm to 2pm
Bingo	Cobham	Thursday	1pm to 2pm
Bingo	Molesey	Friday	1:15pm to 2:15pm
Bingo	Walton	Tuesday	10:30am to 11:30am
Bingo	Walton	Friday	1pm to 2pm
Bingo	Weybridge	Monday	1pm to 2pm
Bingo	Weybridge	Friday	1pm to 2pm
Board games club	Cobham	Monday	1pm to 2:30pm
Board games club	Molesey	Friday	10am to 11am
Board games club	Weybridge	Monday	10am to 12pm
Board games club	Weybridge	Thursday	10am to 12pm
Book club	Hersham	1 <sup>st</sup> Monday of the month	10:30am to 11:30am
Bridge club (supervised)	Hersham	Tuesday	10am to 12pm
Bridge club (advanced)	Molesey	Monday	10am to 12pm
Bridge club	Walton	Tuesday	1pm to 3pm
Canasta	Walton	Tuesday	10:15am to 12:30pm
Chess club	Hersham	Thursday	10am to 12pm
Clothes sale	Molesey	Tuesday	10am to 3pm
Cobham Voices community choir	Cobham	Tuesday	1:45pm to 2:45pm
Flower arranging	Cobham	Tuesday	10:30am to 11:45am
Flower arranging	Weybridge	Alternate Thursdays	10:30am to 11:30am
Games	Claygate	Tuesday	10:30am to 11:30am
German improvers (U3A)	Hersham	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday of the month	10am to 11:30am

## What's on programme of activities and events

Activity	Centre	Day	Time
Grans' coffee club	Weybridge	Monday	1:30pm to 3pm
Italian Improvers (U3A)	Hersham	2 <sup>nd</sup> and 4 <sup>th</sup> Monday of the month	10am to 12pm
Knit and sew social groups	Claygate	Friday	1:15pm to 2:15pm
Knit and sew social groups	Cobham	Monday (fortnightly)	10am to 12pm
Knit and sew social groups	Hersham	Thursday	10am to 12pm
Knit and sew social groups	Molesey	Tuesday	1pm to 2:50pm
Mahjong	Hersham	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday of the month	10am to 11:30am
Men in sheds	Cobham	Friday	10am to 1pm
Music appreciation club	Hersham	1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> Thursday	1:15pm to 2pm
Musical memories	Claygate	2 <sup>nd</sup> Tuesday of the month	1:30pm to 2:30pm
Quiz session	Claygate	Tuesday	1:15pm to 2:15pm
Quiz session	Cobham	Tuesday	11.30am to 12pm
Quiz session	Hersham	3 <sup>rd</sup> Monday of the month	10:15am
Quiz session	Hersham	1 <sup>st</sup> Friday of the month	10:15am to 11:30am
Quiz session	Molesey	Tuesday	11am to 11:30am
Scrabble club (U3A)	Hersham	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday of the month	10am to 11am
Sewing bee (formerly creative sewing)	Cobham	Friday	12:30pm to 2:30pm
Sing-a-long (includes afternoon tea)	Claygate	Last Friday of the month	1pm to 2pm
Walton Stroke Society social club	Walton	Monday	10am to 12pm

## Health and beauty treatments

All hair, beauty and foot treatments are by appointment. Please contact your local Centre to make a booking.

Activity	Centre	Day	Time
Beauty therapies	Claygate	Weekdays by appointment	10am to 2pm
Beauty therapies	Hersham	Weekdays by appointment	10am to 2pm
Beauty therapies	Molesey	Monday	10am to 3pm
Beauty therapies	Walton	Alternate Tuesdays	10am to 3pm
Foot care clinics (for basic care)	Claygate	Tuesday and Friday	10am to 3pm
Foot care clinics (for basic care)	Cobham	Monday	10am to 3pm
Foot care clinics (for basic care)	Hersham	Thursday	9am to 3pm
Foot care clinics (for basic care)	Molesey	Tuesday	10am to 3pm
Foot care clinics (for basic care)	Weybridge	Tuesday	9:30am to 12:30pm
Hairdressing	Claygate	Thursday and Friday	10am to 2pm
Hairdressing	Cobham	Tuesday	10am to 3pm
Hairdressing	Hersham	Tuesday and Friday	10am to 3pm
Hairdressing	Molesey	Thursday and Friday	10am to 2pm
Hairdressing	Walton	Monday and Friday	10am to 3pm
Hairdressing	Weybridge	Monday and Friday	10am to 3pm
Podiatry (for more complex issues)	Cobham	Tuesday	10am to 12pm
Podiatry (for more complex issues)	Walton	Thursday – once per month	10am to 2pm
Reflexology	Hersham	Tuesday	10am to 2pm
Reflexology	Walton	Weekdays by appointment	10am to 2pm

## Advice and information

Activity	Centre	Day	Time
Aphasia support group <sup>1</sup>	Walton	Monday	1:45pm to 3:45pm
Citizens Advice drop-in sessions	Cobham	Tuesday (except for last of the month)	10am to 12:30pm
Citizens Advice drop-in sessions	Weybridge	Monday (for ages 65+)	9:30am to 12pm
Digital support sessions	Weybridge	Monday	12pm to 3pm
Digital support: laptops, tablets, phones	Walton	Friday (by appointment)	12pm to 3pm
iPad support	Molesey	Friday	1pm to 2:55pm
Parkinson's support group	Claygate	Monday	10:30am to 2:30pm
Elmbridge CAN refugees support drop-in sessions	Walton	Friday (term time only)	11:30am to 1pm
Elmbridge CAN refugees support drop-in sessions	Weybridge	Tuesday	11am to 1pm
Elmbridge CAN English class for refugees	Walton	Friday (term time only)	10am to 12pm
Social prescribing	Cobham	Tuesday	10am to 2pm

<sup>1</sup> Aphasia support group is run by TALK Surrey charity. If you would like to join the group, please contact TALK directly: [talksurrey.org.uk](http://talksurrey.org.uk).

## Special events in July and August

Event	Date and time	Centre	Details
Brendan Hemming talk	Thu 3 July Afternoon	Claygate	Talk on 4,000 mile charity walk around the UK.
Fuel poverty workshop	Thu 3 July 10am to 12pm	Cobham	Free 2-hour practical cookery session focusing on using air fryers and slow cookers to cook healthy meals.
Flower arranging workshop	Thu 3 July 10:30 to 11:30am	Weybridge	£4, pre booking essential.
Elmbridge Museum presents	Mon 7 July 10:45 to 11:45am	Weybridge	Talk on 150 <sup>th</sup> Anniversary of Sandown Racecourse.
Elmbridge Museum presents	Tue 8 July 1pm to 2pm	Cobham	Talk on 150 <sup>th</sup> Anniversary of Sandown Racecourse.
Elmbridge Museum presents	Tue 8 July 10:30 to 11:30am	Walton	Talk on 150 <sup>th</sup> Anniversary of Sandown Racecourse.
Live entertainment	Thu 10 July Afternoon	Claygate	Retro Ralph – singer.
Live entertainment	Thu 10 July 1pm to 2pm	Molesey	Billy Clayton – singer.
Arts and crafts workshop	Thu 10 July 10:30 to 11:30am	Weybridge	Lotus Tea Light Holder. £4, pre booking essential
Live entertainment	Fri 11 July 12:30pm	Hersham	U3A jazz band.
DWP advice sessions	14 July 10am to 12pm	Hersham	
Summer bites food tasting session	Tue 15 July 10:30 to 11:30am	Walton	July is picnic month so we are having a tasting session with lots of picnic treats for you to enjoy!
Live entertainment	Tue 17 July Afternoon	Claygate	Johnny Quatro – singer. No bookable lunches due to pre-booked event. Tea bar will be running a limited service.
Hersham Centre party	Thu 17 July Afternoon	Hersham	40 <sup>th</sup> birthday of Hersham Centre celebrations.

## What's on programme of activities and events

Event	Date and time	Centre	Details
Hollywood-themed lunch	Tue 22 July 11am to 2pm	Cobham	Three course meal, prosecco and live entertainment, featuring a magician who will dazzle you with tricks at your table and more entertainment from a singer sure to bring a sprinkle of Hollywood magic.
Live entertainment	Thu 24 July Afternoon	Claygate	Rosie – singer.
Ice cream day	Fri 25 July 12pm to 2:30pm	Walton	Enjoy a selection of different ice cream flavours with your lunch or as a special afternoon treat. We will also explore how and where ice cream was created.
Live entertainment	Fri 25 July 12:30pm	Hersham	November Nights entertainment.
Live entertainment	Tue 29 July	Cobham	Belle - dynamic solo artist. Enjoy her diverse repertoire.
Live entertainment	Tue 29 July 11am to 12pm	Walton	Matthew will transport you back to the 50s and 60s with his singing and ukelele repertoire, including music from Lonnie Donnegan, Joe Brown, Bernard Cribbins, Flanagan and Allen.
Live entertainment	Thu 31 July Afternoon	Claygate	Games afternoon with John B.
Live entertainment	Thu 7 August Afternoon	Claygate	Rosie – singer.
Summer raffle and prizes	Fri 8 August Raffle to be drawn from 1pm	Walton	Tickets will be on sale throughout the week for £1 per strip. Exciting bonus prizes also to be won in other games during this week.
World Bee Day activity	Tue 12 August 10.30 to 11.30am	Walton	Join us for some quizzes and games and learn some fun facts about one of nature's best friends. We will have some delicious honey to try and you could even win some to take home!
Live entertainment	Tue 14 August	Claygate	Dan Stark – singer.
Live entertainment	Tue 14 August 1pm to 2pm	Molesey	Rosie – singer.
Live entertainment	Thu 14 Aug 1:30pm	Hersham	Rah Rah theatre group.



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<b>Event</b>	<b>Date and time</b>	<b>Centre</b>	<b>Details</b>
Live entertainment	Thu 14 August Afternoon	Claygate	Dan Stark – singer.
Live entertainment	Thu 21 August Afternoon	Claygate	Details TBC.
Live entertainment	Fri 22 August 12:30pm	Hersham	Amy Putt – singer.
Tap-dancing performance by Katie	Tue 26 Aug 12:45 to 1:45pm	Walton	An interactive tap-dancing show, along with rock and roll, lyrical and ballroom dancing. It's colourful, fun and visual with lots of props and costume changes. Includes sing-alongs from iconic musicals such as Singin' in the Rain and Cabaret.
Live entertainment	Thu 28 August Afternoon	Claygate	Eleanor – singer.