

# What's on at Elmbridge Centres for the Community

## September to October 2025

#### **Activities**

Many of our activities are free, but some require a small charge to cover the cost of the tutor or trainer.

#### **Get active**

Activity	Centre	Day	Time
Chair-based exercise	Claygate	Thursday (no class on 11 September)	10:15am to 11:15am
Chair-based exercise	Hersham	Monday	2:15pm to 3pm
Chair-based exercise	Molesey	Monday	11am to 11:45am
Chair-based exercise	Walton	Monday (limited mobility)	10am to 11am
Chair-based exercise	Walton	Monday	11am to 12pm
Chair-based exercise	Weybridge	Monday	11am to 11:30am
Chelsea Football Club health and exercise class	Cobham	Friday	10am to 11am and 11am to 12pm
Gym circuits	Cobham	Tuesday	10am to 11am

Activity	Centre	Day	Time
Gym sessions (unsupervised)	Cobham	Monday	10am to 3pm
Gym sessions (unsupervised)	Cobham	Tuesday	11:15am to 3pm
Gym sessions (unsupervised)	Cobham	Thursday	10am to 3pm
Gym sessions (unsupervised)	Cobham	Friday	12pm to 2:30pm
Line dancing	Hersham	1 <sup>st</sup> and 3 <sup>rd</sup> Friday of the month	1:30pm to 2:30pm
Parkinson's exercise class (and support group)	Claygate	Monday	10:30am to 2:30pm
Pilates (advanced)	Walton	Tuesday	2:10pm to 2:55pm
Strength and balance class	Walton	Thursday	1:30pm to 2:30pm
Table tennis	Claygate	Monday (no class on 15 September)	1:05pm to 2pm
Table tennis (advanced)	Claygate	Monday (no class on 15 September)	2pm to 2:45pm
Table tennis (U3A)	Cobham	Monday	1pm to 3pm
Tai chi	Molesey	Friday	10:45am to 11:45am
Tai chi	Molesey	Friday	12:30pm to 1:30pm
Tai chi	Walton	Friday	2:30pm to 3:30pm
Yoga	Cobham	Thursday	11am to 12pm
Yoga	Molesey	Tuesday	1pm to 2pm
Yoga	Hersham	Thursday	3pm to 4pm
Yoga	Walton	Thursday	10:15am to 11:15am
Yoga (chair-based)	Claygate	Monday (from 8 September)	10:30am to 11:30am
Yoga (chair-based)	Cobham	Monday	11am to 12pm
Yoga (chair-based)	Cobham	Tuesday	11am to 12pm
Zumba	Cobham	Friday	11am to 12pm
Zumba Gold	Hersham	Tuesday	1:30pm to 2:30pm
Zumba (chair-based)	Cobham	Thursday	1:15pm to 2pm

## **Hobbies and social groups**

Activity	Centre	Day	Time
Arts and crafts club	Claygate	Friday	10:15am to 11:15am
Arts and crafts club	Cobham	Thursday	10:30am to 11:30am
Arts and crafts club	Hersham	Thursday	12:45pm to 2:45pm
Arts and crafts club	Walton	Thursday	10:30am to 12:30pm
Arts and crafts club	Weybridge	Alternate Thursdays	10:30am to 11:30am
Bingo	Claygate	Monday (except 15 September)	1:15pm to 2:15pm
Bingo	Cobham	Tuesday	1pm to 2pm
Bingo	Cobham	Thursday	1pm to 2pm
Bingo	Molesey	Friday	1:15pm to 2:15pm
Bingo	Walton	Tuesday	10:30am to 11:30am
Bingo	Walton	Friday	1pm to 2pm
Bingo	Weybridge	Monday	1pm to 2pm
Bingo	Weybridge	Friday	1pm to 2pm
Board games club	Cobham	Monday	1pm to 2:30pm
Board games club	Molesey	Friday	10am to 11am
Board games club	Weybridge	Monday	10am to 12pm
Board games club	Weybridge	Thursday	10am to 12pm
Book club	Hersham	1 <sup>st</sup> Monday of the month	10:30am to 11:30am
Bridge club (supervised)	Hersham	Tuesday	10am to 12pm
Bridge club (advanced)	Molesey	Monday	10am to 12pm
Bridge club	Walton	Tuesday	1pm to 3pm
Canasta	Walton	Tuesday	10:15am to 12:30pm
Chess club	Hersham	Thursday	10am to 12pm
Clothes sale	Molesey	Tuesday	10am to 3pm
Cobham Voices community choir	Cobham	Tuesday	1:45pm to 2:45pm
Flower arranging	Cobham	Tuesday	10:30am to 11:45am
Flower arranging	Weybridge	Alternate Thursdays	10:30am to 11:30am
Games	Claygate	Tuesday	10:30am to 11:30am

Activity	Centre	Day	Time	
German improvers (U3A)	Hersham	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday of the month	10am to 11:30am	
Grans' coffee club	Weybridge	Monday	1:30pm to 3pm	
Italian Improvers (U3A)	Hersham	2 <sup>nd</sup> and 4 <sup>th</sup> Monday of the month	10am to 12pm	
Knit and sew social groups	Claygate	Friday	1:15pm to 2:15pm	
Knit and sew social groups	Cobham	Monday (fortnightly)	10am to 12pm	
Knit and sew social groups	Hersham	Thursday	10am to 12pm	
Knit and sew social groups	Molesey	Tuesday	1pm to 2:50pm	
Mahjong	Hersham	1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday of the month	10am to 11:30am	
Men in sheds	Cobham	Friday	10am to 1pm	
Music appreciation club	Hersham	1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> Thursday	1:15pm to 2:15pm	
Musical memories*	Claygate	2 <sup>nd</sup> Tuesday of the month	1:30pm to 2:30pm	
Quiz session	Claygate	Tuesday	1:15pm to 2:15pm	
Quiz session	Cobham	Tuesday	11.30am to 12pm	
Quiz session	Hersham	3 <sup>rd</sup> Monday of the month	10:15am	
Quiz session	Hersham	1 <sup>st</sup> Friday of the month	10:15am to 11:30am	
Quiz session	Molesey	Tuesday	11am to 11:30am	
Scrabble club (U3A)	Hersham	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday of the month	10am to 11am	
Sewing bee (formerly creative sewing)	Cobham	Friday	12:30pm to 2:30pm	
Sing-a-long (includes afternoon tea)*	Claygate	Last Friday of the month	1pm to 2pm	
Walton Stroke Society social club	Walton	Monday	10am to 12pm	

<sup>\*</sup> Dementia Services led session but open to Centre members if they wish.

### **Health and beauty treatments**

All hair, beauty and foot treatments are by appointment. Please contact your local Centre to make a booking.

Activity	Centre	Day	Time
Beauty therapies	Claygate	Weekdays by appointment	10am to 2pm
Beauty therapies	Hersham	Weekdays by appointment	10am to 2pm
Beauty therapies	Molesey	Monday	10am to 3pm
Beauty therapies	Walton	Alternate Tuesdays	10am to 3pm
Foot care clinics (for basic care)	Claygate	Tuesday and Friday	10am to 3pm
Foot care clinics (for basic care)	Cobham	Monday	10am to 3pm
Foot care clinics (for basic care)	Hersham	Thursday	9am to 3pm
Foot care clinics (for basic care)	Molesey	Tuesday	10am to 3pm
Foot care clinics (for basic care)	Weybridge	Tuesday	9:30am to 12:30pm
Hairdressing	Claygate	Thursday and Friday	10am to 2pm
Hairdressing	Cobham	Tuesday	10am to 3pm
Hairdressing	Hersham	Tuesday and Friday	10am to 3pm
Hairdressing	Molesey	Thursday and Friday	10am to 2pm
Hairdressing	Walton	Monday and Friday	10am to 3pm
Hairdressing	Weybridge	Monday and Friday	10am to 3pm
Podiatry (for more complex issues)	Cobham	Tuesday	10am to 12pm
Podiatry (for more complex issues)	Walton	Thursday – once per month	10am to 2pm
Reflexology	Hersham	Tuesday	10am to 2pm
Reflexology	Walton	Weekdays by appointment	10am to 2pm

#### **Advice and information**

Activity	Centre	Day	Time
Aphasia support group <sup>1</sup>	Walton	Monday	1:45pm to 3:45pm
Citizens Advice drop- in sessions	Cobham	Tuesday (except for last of the month)	10am to 12:30pm
Citizens Advice drop- in sessions	Weybridge	Monday (for ages 65+)	9:30am to 12pm
Digital support sessions	Weybridge	Monday	12pm to 3pm
Digital support: laptops, tablets, phones	Walton	Friday (by appointment)	12pm to 3pm
iPad support	Molesey	Friday	1pm to 2:55pm
Parkinson's support group	Claygate	Monday	10:30am to 2:30pm
Elmbridge CAN	Walton	Enistant (tanna tina a	
refugees support drop-in sessions	vvalion	Friday (term time only)	11:30am to 1pm
	Weybridge	,	11:30am to 1pm  11am to 1pm
drop-in sessions Elmbridge CAN refugees support		only)	·

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<sup>&</sup>lt;sup>1</sup> Aphasia support group is run by TALK Surrey charity. If you would like to join the group, please contact TALK directly: **talksurrey.org.uk**.

## Special events in September and October

Event	Date and time	Centre	Details
DWP advice session	Mon 1 September 10am to 12pm	Hersham	
Animal welfare	Mon 1 September 12:45pm to 1:45pm	Molesey	
Live entertainment	Thu 4 September 1:15pm to 2:15pm	Claygate	Singer – Malindi.
Flower arranging workshop	Thu 4 September 10:30am to 11:30am	Weybridge	£4 pre booking essential
Special lunch	Mon 8 September	Weybridge	Enjoy a presentation by Elmbridge Museum all about Oatlands Palace, a Tudor times themed three course lunch and live entertainment.
Free Elmbridge Museum workshop	Tue 9 September 1pm to 2pm	Cobham	A workshop on the wartime Make do and Mend campaign. Try out some simple patchwork, repair techniques and quick makes to upcycle your wardrobe.
Free Elmbridge Museum workshop	Tues 9 September 10:30am to 11:30am	Walton	A workshop on the wartime Make do and Mend campaign. Try out some simple patchwork, repair techniques and quick makes to upcycle your wardrobe.
Race afternoon	Thu 11 September 1:15pm to 2:15pm	Claygate	
Pets as therapy	Mon 15 September 1:15pm to 2:15pm	Claygate	
DWP advice session	Mon 15 September 10am to 12pm	Hersham	
Free Elmbridge Museum workshop	Mon 15 September 1pm to 2pm	Hersham	A workshop on the wartime Make do and Mend campaign. Try out some simple patchwork, repair techniques and quick makes to upcycle your wardrobe.

Event	Date and time	Centre	Details
ABBA special lunch	Tue 16 September 12pm to 2pm	Cobham	Book our Mamma Mia special lunch and enjoy a three course lunch and wine with fantastic
Free Elmbridge Museum workshop	Tue 16 September 10:30am to 11:30am	Molesey	A workshop on the wartime Make do and Mend campaign. Try out some simple patchwork, repair techniques and quick makes to upcycle your wardrobe.
Live entertainment	Thu 18 September	Claygate	Singer – Belle Waters.
Live entertainment	Thu 18 September 1pm to 2pm	Molesey	Singer after lunch – Andy Luke.
Flower arranging workshop	Thu 18 September 10:30am to 11:30am	Weybridge	£4 pre booking essential
Talk	Mon 22 September 1pm to 2pm	Hersham	Talk by Brendan Hemming on his coastline walk of England and Wales.
McMillan coffee morning	Thu 25 September 10am to 12pm	Claygate	
Live entertainment	Thu 25 September 1:15pm to 2:15pm	Claygate	Dynamos singing ABBA songs.
Macmillan coffee morning	Thu 25 September 10am to 3pm	Molesey	
Macmillan coffee morning	Fri 26 September 10:15am to 12pm	Walton	
Live entertainment	Fri 26 September 12.30pm to 1:30pm	Hersham	Singer – Malindi.
World Heart Day activities	Tue 30 September	Cobham	Supporting health, creativity and community spirit:  • Afternoon tea, £5, 1pm to 2pm. Booking required.  • Free heart themed activities and art competition.  • Free physical activity to support heart health. Limited spaces, book in the office.
Free live entertainment	Tue 30 September 1pm to 2pm	Walton	Elvis and Neil Diamond music.
Live entertainment	Thu 2 October 1:15pm to 2:15pm	Claygate	Singer – Retro Ralph.

Event	Date and time	Centre	Details
Pet therapy	Thu 2 October 12:45pm to 1:45pm	Molesey	
National poetry day activity	Thu 2 October 10am	Walton	
International food tasting activity	Tue 7 October 10:30am to 11:30am	Walton	
Free live entertainment	Tue 7 October 1pm to pm	Cobham	Entertainment provided by a singer from Mack Entertainment.
Quiz	Thu 9 October 1:15pm to 2:15pm	Claygate	
Live entertainment	Mon 13 October	Molesey	Magician and comedy – Fred in the Shed.
Live entertainment	Tue 14 October 1pm to 2pm	Molesey	Singer after lunch – Kevin Jay.
Live entertainment	Thu 16 October 1:15pm to 2:15pm	Claygate	Singer – Jonathan Graham.
DWP advice session	Mon 20 October 10am to 12pm	Hersham	
Apple day	Tue 21 October 10am	Walton	Apple themed food and drink on offer throughout the day including cider tasting!
Halloween special lunch	Tue 21 October 12pm to 2pm	Cobham	We'll be serving a three-course "fang-feast", alongside eerie entertainment. Try your luck in our ghoulishly good raffle. Dress to distress in your best Halloween costume. £11.20.
Live entertainment	Thu 23 October 1:15pm to 2:15pm	Claygate	Tap about town.
Live entertainment	Fri 24 October 12:30pm to 1:30pm	Hersham	TBC
Live entertainment	Thu 30 October 1:15-2:15pm	Claygate	Singer – Stefano.
Halloween movie afternoon	Thu 30 October 1pm to 2.45pm	Cobham	Come along to watch the hauntingly hilarious 'Carry On Screaming'! Enjoy freshly "bewitched" popcorn and chilling ice cream as you watch this cult classic.

Event	Date and time	Centre	Details
Halloween lunch with live entertainment	Thu 30 October 12:45pm to 1:45pm	Molesey	Halloween singer after lunch – Jimmy Kent.
Halloween celebrations	Fri 31 October 12pm to 2pm	Walton	Celebrate Halloween with free entertainment after lunch.